

How Do You Learn Best?

The Children's Learning Style Questionnaire

Please read each statement and circle the answer that seems the most like you.

1. How do you like to learn something new?
 - (a) By listening to my teacher tell me about it first.
 - (b) By watching my teacher do it first.
 - (c) By doing it myself first.

2. What would you like to do most in your free time indoors?
 - (a) Read a fun book, comic book, or magazine
 - (b) Paint, color, draw, or sketch.
 - (c) Build with Legos or blocks or dance.

3. What would you like to do most on the weekends?
 - (a) Talk on the phone with my friends or IM friends.
 - (b) Play a musical instrument, do artwork, or listen to music.
 - (c) Play sports.

4. What is the best way for you to remember a telephone number?
 - (a) Say the numbers out loud over and over as I dial.
 - (b) Picture the numbers in my head.
 - (c) Write all of the numbers in the air.

5. What do you like the most when you see a movie?
 - (a) What the main characters say to each other.
 - (b) The clothes they wear, the scenery, and the special effects.
 - (c) How I feel during the movie (happy, scared, mad).

6. When you read a story, which of the following happens?
 - (a) I think about the meaning of the words.
 - (b) I see pictures in my mind about what I am reading.
 - (c) I feel what the characters are feeling.

7. How would you prefer to describe an "unusual animal" to someone?
- (a) Explain the animal in words.
 - (b) Draw a picture of the animal.
 - (c) Use my body to imitate the animal.
8. I understand something best after I
- (a) think about it.
 - (b) see it.
 - (c) try it out.
9. One of my favorite ways to spend time is
- (a) listening to music.
 - (b) playing video games on the computer.
 - (c) going shopping.
10. When I meet someone new, I will mostly remember
- (a) what he or she said.
 - (b) what he or she was wearing.
 - (c) how he or she acted, or how I felt.

Scoring—Add up all of your points in each category; record your scores here.

_____ a's (auditory learner)

_____ b's (visual learner)

_____ c's (kinesthetic learner)

Some people will have a strongest way to learn, some will have two ways that are almost equally strong, and others will be able to learn using all three ways. Which one were you?