



## UPCOMING BIRTHDAY!!!

Who has a birthday coming up? YOU DO!! \_\_\_\_\_ is your special day. You can celebrate your day with the class. A list of birthday reminders are below:

- ✓ Bring/Send a treat to share with the class.
- ✓ Please bring/send items that are easy to pass out. (Examples: cupcakes, cookies, small candies)
- ✓ Please send in one type of item only. Offering choices is nice; but it causes problems in the classroom. It's difficult to please 100% of the class. Send in all vanilla, or all chocolate, or all marble, etc...
- ✓ If you bring/send in a cake or brownies, please have them precut. Knives are not kept in the classroom.
- ✓ Please bring/send in napkins, plates, and utensils (if needed).
- ✓ The class will sing "HAPPY BIRTHDAY" and then eat the birthday treats.
- ✓ Students will eat while completing class work.
- ✓ Students may bring the treat to school, or an adult may bring the treat.
- ✓ Please consider sending in a treat without nuts or milk due to allergies in the class. Suggestions for treats that everyone in the class can eat are on the back of this letter.
- ✓ There is a goody bag in class with safe treats. So if your child's birthday treat contains nuts and/or milk products, not a problem! A snack will be provided for students with allergies. It's your child's birthday, and he/she should be encouraged to bring in whatever treat is desired!
- ✓ Please just let me know if the treat is a "safe for all" treat.
- ✓ Parents/Guardians are welcome to come to school to help pass out and to sing.
- ✓ If an adult wishes to be present, please call, email, send a Remind text, or send me a note a few days in advance so that we can arrange a time.
- ✓ The entire process will take about 15 minutes. Please remember, students will be working at desks while enjoying the treat.

Plan on sending/bringing in the birthday treat on \_\_\_\_\_ when school starts. There are \_\_\_\_\_ students in the class.



Best Birthday Wishes!

Mrs. Melissa Becerra ☺



**This is a list of peanut/nut-free, milk-free foods for  
snack & treat ideas:**

**Baking:**

Cherrybrook Kitchen Cake Mix (chocolate or vanilla @ Heinen's) They also make icing mix.  
Cherrybrook Kitchen Chocolate Chip Cookie or Sugar Cookie Mix  
Duncan Hines Creamy Home-Style Frosting in Classic Chocolate; or Classic Vanilla  
*(stick with these flavors—some other flavors of Duncan Hines icing have milk)*

**Packaged Grahams & cookie-type things:**

Honey Maid Graham Cracker Sticks (Honey, Cinnamon)  
Teddy Grahams (honey, cinnamon, chocolate)

**Fruit snacks/Candy:**

Betty Crocker: Fruit Gushers, Fruit by the Foot, Fruit Roll-Ups, Fruit snacks in a pack  
Any of the "all fruit" strips (ie. Trader Joes/ Wild Oats/ Giant Eagle)  
Smarties or Mike & Ikes or Skittles  
Spangler Dum-Dums or Saf-T-Pops  
Twizzler/Nibs: Licorice bites, twists, pull and peel (any flavor)  
Sunkist Fruit Gems fruit gels  
Mini marshmallows

**Crunchy Options:**

Pretzels, plain (not butter, not filled) [Rold Gold, Neuman's Own, Snyder's]  
Triskets (Nabisco, or Trader Joe's version is also fine)  
Wheat Thins (Nabisco)  
My Family Farm 'Field Friends' Whole Wheat Baked Crackers (Wild Oats)  
Sun Chips (original flavor *only*)  
Corn Chips, plain (most coating/flavorings have dairy in them.)

**Frozen Treats:**

Juicy Juice: Frozen Juice Pops  
Eddy's Fruit Bars  
Minute Maid: Juice Bars, Lemonade  
ICEE Squeeze Tubes

**Cereals:**

Cherrios (regular flavor)	Kix cereal	Life (regular flavor)
Fruit Loops	Cocoa Puffs	Trix
Heart to Heart Kashi		