



## UPCOMING BIRTHDAY!!!

Who has a birthday coming up? YOU DO!! \_\_\_\_\_ is your special day. You can celebrate your day with the class. A list of birthday reminders are below:

- ✓ Bring/Send a treat to share with the class.
- ✓ Please bring/send items that are easy to pass out. (Examples: cupcakes, cookies, small candies)
- ✓ Please send in ***one type*** of item only. Offering choices is nice; but it causes problems in the classroom. It's difficult to please 100% of the class. Send in all vanilla, ***or*** all chocolate, ***or*** all marble, etc...
- ✓ If you bring/send in a cake or brownies, please have them precut. Knives are not kept in the classroom.
- ✓ Please bring/send in napkins, plates, and utensils (if needed).
- ✓ The class will sing "HAPPY BIRTHDAY" and then eat the birthday treats.
- ✓ Students will eat while completing class work.
- ✓ Students may bring the treat to school, or an adult may bring the treat.
- ✓ Please consider sending in a treat without nuts or milk due to allergies in the class. Suggestions for treats that everyone in the class can eat are on the back of this letter.
- ✓ There is a goody bag in class with safe treats. So if your child's birthday treat contains nuts and/or milk products, not a problem! A snack will be provided for students with allergies. It's your child's birthday, and he/she should be encouraged to bring in whatever treat is desired!
- ✓ Please just let me know if the treat is a "safe for all" treat.
- ✓ Parents/Guardians are welcome to come to school to help pass out and to sing.
- ✓ If an adult wishes to be present, please call, email, send a Remind text, or send me a note a few days in advance so that we can arrange a time.
- ✓ The entire process will take about 15 minutes. Please remember, students will be working at desks while enjoying the treat.

Plan on sending/bringing in the birthday treat on \_\_\_\_\_ when school starts. There are \_\_\_\_\_ students in the class.



Best Birthday Wishes!

Mrs. Melissa Becerra ☺



**This is a list of peanut/nut-free, milk-free foods for  
snack & treat ideas:**

**Baking:**

Cherrybrook Kitchen Cake Mix (chocolate or vanilla @ Heinen's) They also make icing mix.

Cherrybrook Kitchen Chocolate Chip Cookie or Sugar Cookie Mix

Duncan Hines Creamy Home-Style Frosting in Classic Chocolate; or Classic Vanilla  
(stick with these flavors—some other flavors of Duncan Hines icing have milk)

**Packaged Grahams & cookie-type things:**

Honey Maid Graham Cracker Sticks (Honey, Cinnamon)

Teddy Grahams (honey, cinnamon, chocolate)

**Fruit snacks/Candy:**

Betty Crocker: Fruit Gushers, Fruit by the Foot, Fruit Roll-Ups, Fruit snacks in a pack

Any of the "all fruit" strips (ie. Trader Joes/ Wild Oats/ Giant Eagle)

Smarties or Mike & Ikes or Skittles

Spangler Dum-Dums or Saf-T-Pops

Twizzler/Nibs: Licorice bites, twists, pull and peel (any flavor)

Sunkist Fruit Gems fruit gels

Mini marshmallows

**Crunchy Options:**

Pretzels, plain (not butter, not filled) [Rold Gold, Neuman's Own, Snyder's]

Triskets (Nabisco, or Trader Joe's version is also fine)

Wheat Thins (Nabisco)

My Family Farm 'Field Friends' Whole Wheat Baked Crackers (Wild Oats)

Sun Chips (original flavor only)

Corn Chips, plain (most coating/flavorings have dairy in them.)

**Frozen Treats:**

Juicy Juice: Frozen Juice Pops

Eddy's Fruit Bars

Minute Maid: Juice Bars, Lemonade

ICEE Squeeze Tubes

**Cereals:**

Cherrios (regular flavor)      Kix cereal      Life (regular flavor)

Fruit Loops      Cocoa Puffs      Trix

Heart to Heart Kashi